

# The Portuguese observatory on occupational psychosocial factors: Contribution for public health

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The Portuguese Observatory on Occupational Factors (PoPsy@Work) aims to:

- i) digitally collecting psychosocial data on the Portuguese Working Population (PWP);
- ii) implementing and strengthening of a psychosocial occupational health surveillance digital system;
- iii) providing reference values for the PWP concerning Psychosocial Health;
- iv) Transferring to society knowledge and best practices;
- v) Raising awareness on the importance of psychosocial management in occupational settings based on science.

Pospy@Work considers the development of strategic intelligence on levels and inequalities of psychosocial health and well-being in occupational settings by robust metrics and reference data. Creating opportunities for national policy dialogue on inequalities, including the psychosocial health of the PWP through collaboration with diverse sectors identifying and mapping subgroups of populations whose unmet needs require specific outreach measures.

<https://fatorespsicossociais.pt>

Observatório Português de Fatores Psicossociais Ocupacionais

